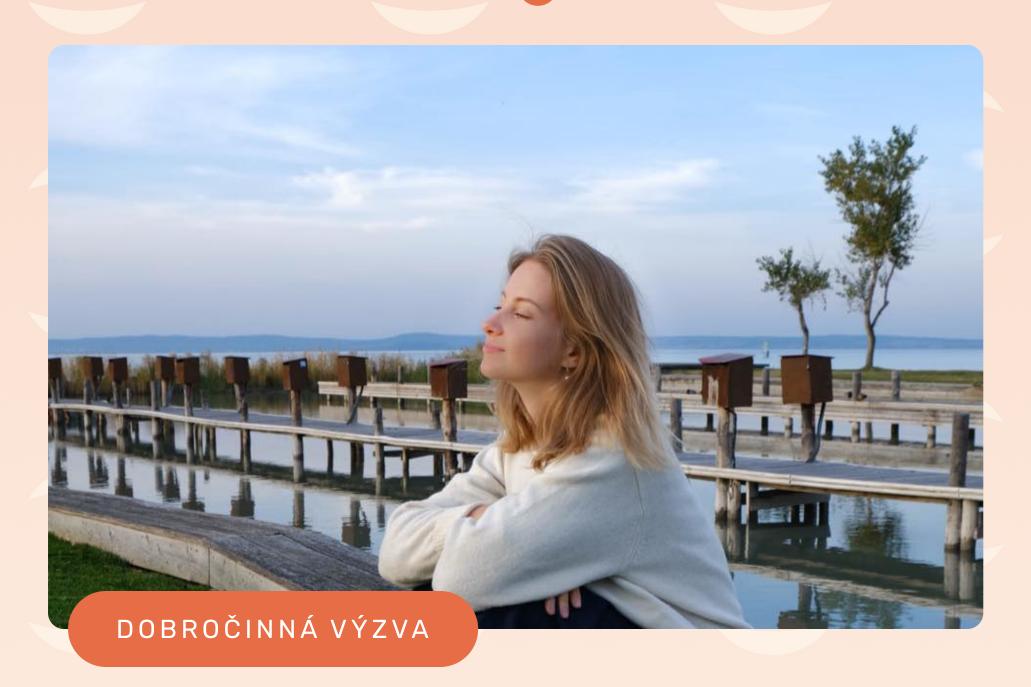
Donio



First Transcendental Meditation teacher in Slovakia

My name is Oksana, I am 26 years old, studying toward my PhD in Medicine. My journey with transcendental meditation started at age 12. TM has been an important daily practice for me, as I found refuge and peace in meditation especially after the challenge of leaving my home in t...



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